

Alere Pregnancy



User Name:



Password:



Promo Code:

Login

New User

Pregnancy Dashboard

Logoff

Today is the 53rd day of your pregnancy



1st

2nd

3rd

Hot Topics

Getting Pregnant



Pregnancy



Labor and Delivery



Home

Tracker

Journal

Search

Settings

General

Msg 1	>
Msg 2	>
Msg 3	>

Pregnancy

Message 1	>
Message 2	>
Message 3	>



Back

Message ...

Subject:

Date:

Today is the 53rd day of your pregnancy

Home

Tracker

Journal

Search

Settings

Tracker



10 weeks pregnant

208 days left



1 oz baby



1st trimester



Back

Hot Topics

Getting Pregnant

Option



Option



Option



Pregnancy

Option



Option



Option



Labor and Delivery

Option



Option



Option



Home

Tracker

Journal

Search

Settings

Great Recipes for Pregnant Gals: Introduction

About the blog: Hi! I love food, I love being healthy, and I don't like wasting time in the kitchen. To be honest, I don't even like to cook. That combination isn't always compatible. Solution? Get someone else to cook *or* make it so simply that it becomes painless!

So to help meet my goals of eating healthy without putting forth much energy towards cooking, I've started this blog. It will contain recipes that a partner can easily make. Many an older child can put together without much supervision. All are low preparation time, most cook quickly, all focus on whole grains, healthy fats, and lots of fruits and veggies. Hope you enjoy!

Personal Journal

- 01/01/11 12:00pm - Walked a mile>
- 02/01/11 01:00am - Walked a mile>
- 03/01/11 05:00pm - Walked a mile>

New Entry

Title

Saturday out with the girls

Mood

Happy

Morning Sickness

No

Glasses of Water

4

Journal Entry

Having a wonderful day

Delete

Edit

Facebook

Back

Journal Entry

Title

Saturday out with the girls

Mood

Happy

Morning Sickness

☐ Yes
 ☒ No

Glasses of Water

5

Journal Entry

<Type your entry here>

Cancel

Save

Facebook

Home

Tracker

Journal

Search

Settings

Search

Search Term

1st Trimester

Search

Settings

- My Account

>
- My Messages

>
- My Pregnancy

>
- Refer a friend

>
- About

>
- Help