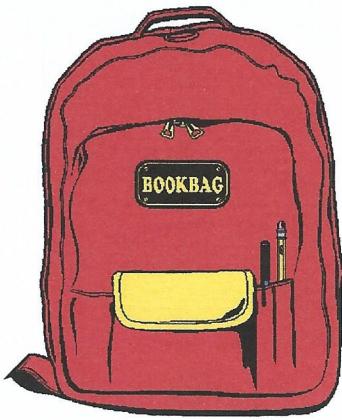


# BACKPACK SAFETY DEMONSTRATION

presented by  
**DR. MARK SANNA**

**Thursday, September 12, at 9:00AM**  
**ROGER'S PARK MIDDLE SCHOOL**



**STAND UP  
FOR SUCCESS!**

- Learn how your posture can effect your attitude and self-esteem.
- Learn the posture of a "Winner" & how to avoid the posture of a "Loser".
- Learn proper backpack safety to stand up for success.



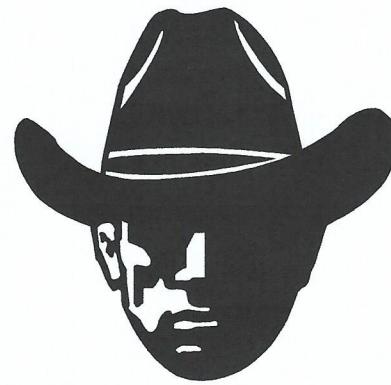
**PARENTS & FACULTY INVITED.**

**For more information call 123-456-7891.**

*Space for personalization.*

Ad: Offer not valid for Medicare, Workers' Comp or Personal Injury cases.

# WANTED



# REWARD!

Desperate person in pain. May look like they have a bad headache, stiff neck, or low back pain. They may even look like they have a lot of pain between the shoulder blades, at the elbow or knee.

If you see this person please be advised they may be grumpy and in need of Chiropractic care. There is a reward of a family-sized ~~holiday~~ turkey for any desperate character brought in fitting the description above in the month of December.

*during the holiday month.*

~~DC CHIROPRACTIC  
Address, City, State~~

~~FOR APPOINTMENT CALL 123-456-7891~~

*(Leave blank for personalizing).*

→ \*



~~Saturday, December 2,~~

~~9:00 am - 1:00 pm~~

*In Exchange for a Toy or Children's Books:*

- ★ All exams will be given at no charge.
- ★ All X-rays will be given at no charge. (Taken only if necessary.)
- ★ All scoliosis screenings will be given at no charge.
- ★ Refreshments

*This would be a good opportunity to introduce  
a friend or member of your family to chiropractic.  
You may also take advantage of this offer yourself.*

~~Dr. Mark Sanna · Dr. Julius Sanna~~

~~It's going to be a great day at...~~

**SANNA CHIROPRACTIC CENTER**

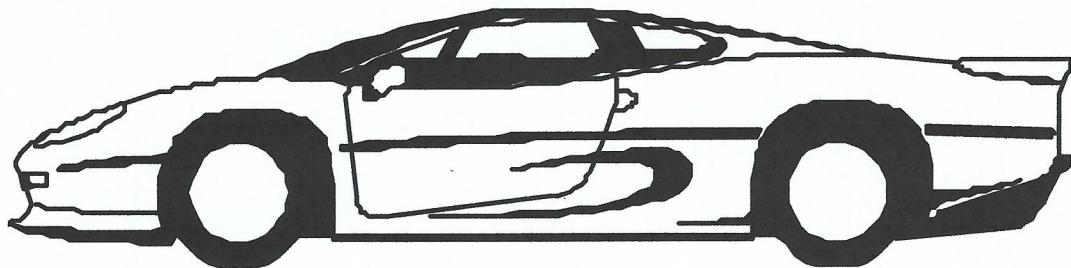
~~50 Osborne Street at Fifth Avenue  
Danbury, CT 06810~~

~~Call (203) 744-7440  
to make an appointment today!~~

*Leave  
Blank  
Personalize.)*

KOSLOW PRACTICE MANAGEMENT, INC. © TO ORDER, CALL ROY D. SMITH, INC., (201) 394-1163

*Offer not valid for Medicare, Workers Comp. or Personal Injury Cases.*



# **PERFORMANCE!**

Like a race car, your body functions at a level of peak performance when it is properly tuned.

~~people~~  
You can join the hundreds of ~~Workout World Members~~ who have improved their health and performance through natural, drug-free Chiropractic.

~~Complimentary consultation~~  
Call today to receive your ~~Computerized Chiropractic Evaluation with Dr. Dan Cruoglio~~ absolutely FREE! and examination (a \$125.00 value)

## **SPECIAL OFFER:**

Appointments scheduled within the next 2 weeks will receive their first session of Chiropractic care at ~~NO CHARGE!~~ (an additional \$50.00 value)

### **3 CONVENIENT LOCATIONS:**

~~Tinton Falls 732-578-1955~~

~~Brick 732-920-5646~~

~~Toms River 732-255-5433~~

**Phone to schedule your appointment today!**

*Offer not valid for Medicare, Worker's Comp. or Personal Injury Cases.*

*(leave blank for personalization.)*

# **Grand Opening Celebration!!**

**Saturday, March 25, 2000  
11am to 4 pm**

**Bring Family and Friends!**

*ugly  
Graphic.*

- ◆ All exams, treatments, scoliosis screenings, and x-rays (taken if necessary) performed for a nominal ~~\$10~~ charity donation.
- ◆ ~~Magic and Fortune-Telling for all ages by Merdwin the Magician!~~
- ◆ Refreshments will be served.

**All proceeds will go to benefit the Junior League of Albany**

This will be a great opportunity for us to introduce  
ourselves to the community.

AND

For you and your family to take great strides  
towards better health.

AND

To support an excellent cause!

**You're going to find relief and good health at...**

## **Peak Performance Chiropractic**

**340 Northern Boulevard (Loudon Plaza)**

**Albany, NY 12204**

**Call (518) 472-9130**

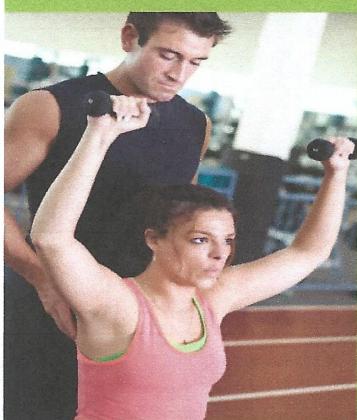
**To make an appointment today!!!**

*(leave blank for personalization.)*

*Offer not valid for Medicare, Worker's Comp. or Personal Injury  
cases.*

# EMPLOYEE HEALTH FAIR

Know **Your** Numbers!



**October 12**  
**10:00 a.m.- 2:30 p.m.**  
**in the RecPlex basketball courts, second floor**

**Get Your Flu Shots** 

## **Healthy Fun for Everyone!**

Win prizes, play games, enjoy healthy snacks, and have fun as you find easy ways to bring more health into your life, and learn how NSU resources can help you control your health care costs.



## **Know Your Numbers!**

Have your metabolic screenings (including glucose, blood pressure, cholesterol, and waist circumference).



## **Win Prizes!**

Complete an activity at each booth. The more you play, the greater your chances to win a prize of your choice.



## **Fitness Demos**

Fitness Demos, including workouts you can do at home, and get fitted for your spin bike.



**For more information,  
please contact Office of  
Campus Recreation at  
(954) 262-7018, or  
[pmarcela@nova.edu](mailto:pmarcela@nova.edu).**



Sponsored by: NSU Wellness Committee in collaboration with the Office of Human Resources, Division of Clinical Operations, and the Office of Campus Recreation.

*(Leave blank for personalization.)*