

Nutrition Facts

Serving Size 2 Scoops (32g)
Serving Per Container 30

Amount Per Serving	
Calories 130	Calories from Fat 15
% Daily Values*	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 55mg	2%
Total Carbohydrate 7g	2%
Dietary Fiber 1g	4%
Sugars 5g	
Protein 20g	42%
Vitamin A 0%	• Vitamin C 0%
Calcium 10%	• Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Australian Grass Fed Whey Protein Concentrate, Freeze Dried Coconut Water, Natural Flavor, Milled White Chia Seed, Rice Bran Extract, Milled Flax Seed, Natural Vanilla, Digestive Enzyme Blend, RebA Stevia Extract