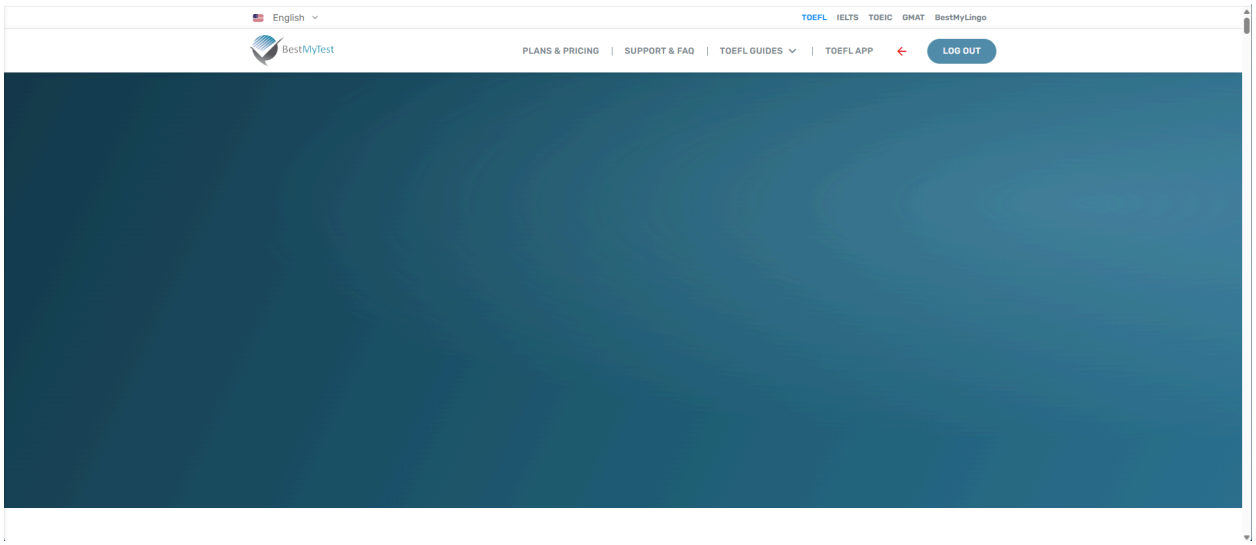
Design a hero banner and the section below it. It should be professional, welcoming, comfortable, and lets the customer know we are trustworthy and can help them.

Here is the bg we want to use for the hero banner.



We offer reading/listening/speaking/writing/full-test(all four sections) support, so we want each page's hero to be similar and consistent, but also each of those five pages' hero banner to also reference in a **subtle way** that section. Eg. The listening page should give a listening impressions, the speaking section should give a speaking impression.

The below is the content that must be put into the hero banner

Breadcrumb
TOEFL Preparation > Listening Practice Test

Author line
By Lesley-ann Green, updated October 15th, 2026

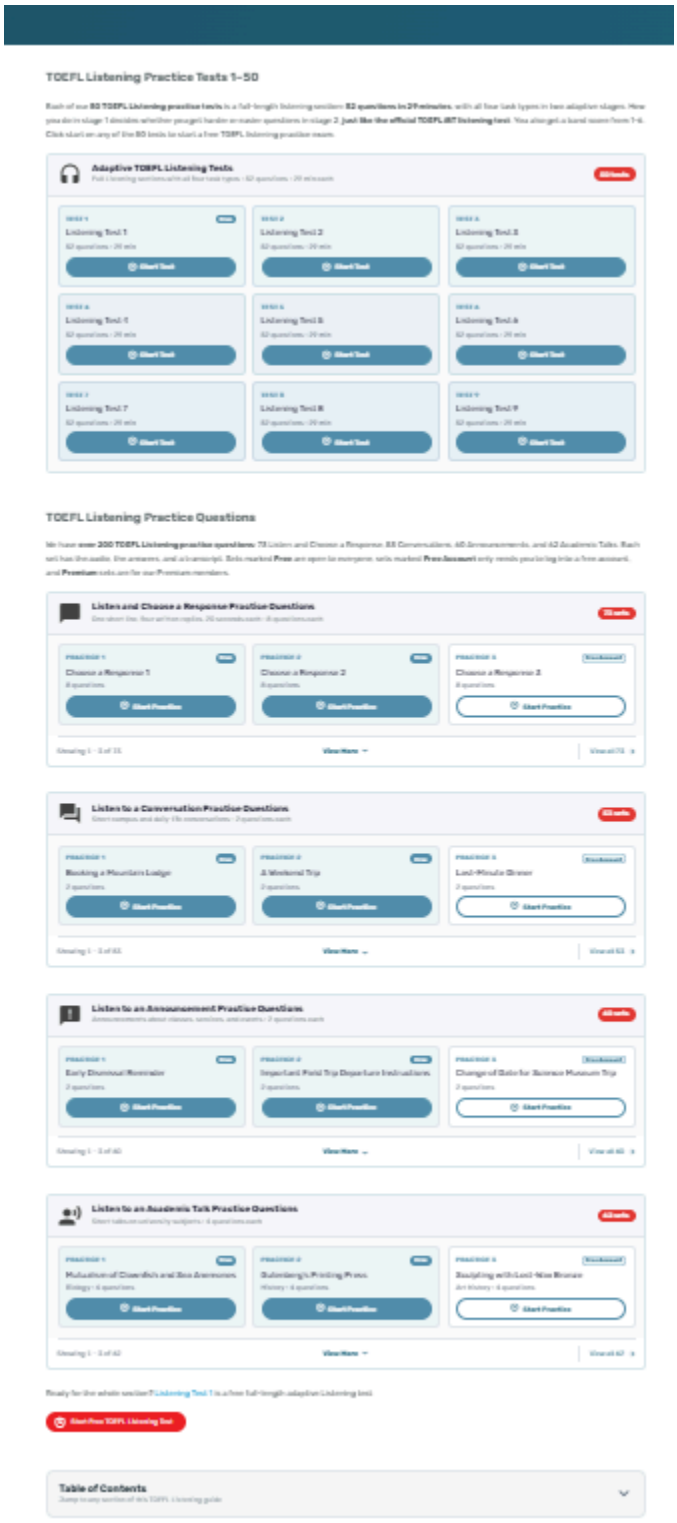
H1 Title
TOEFL Listening Practice Test: Over 400 Questions & Sample Exercises

subtle intro text
Free TOEFL listening practice test with instant score and feedback.
50 full-length Adaptive listening Tests with answers, transcripts, and detailed explanations.

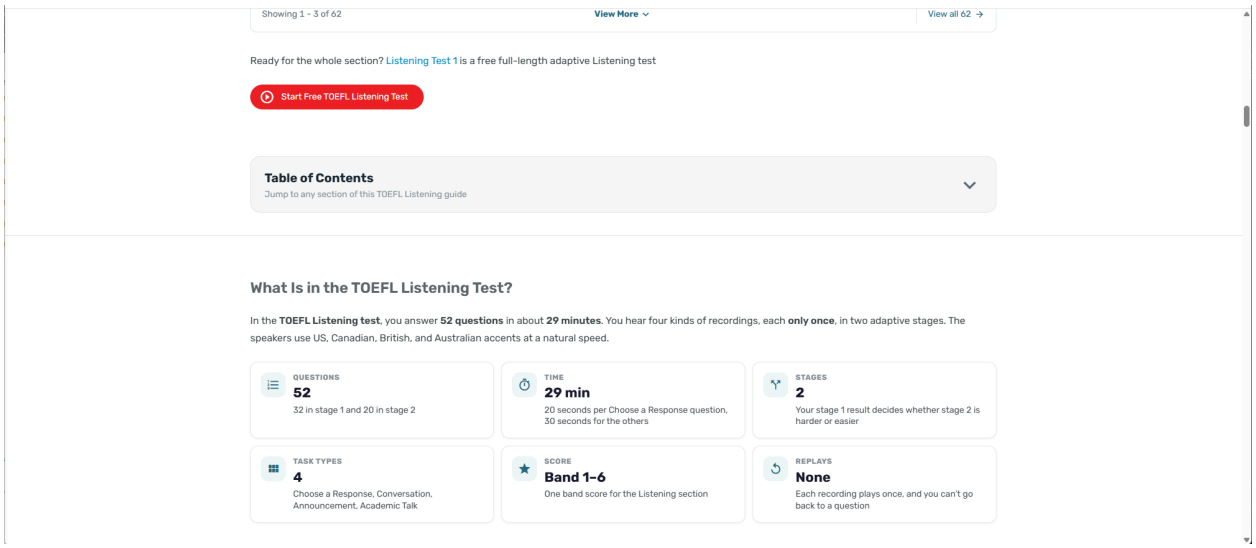
Small section over details:

50 Listening tests	52 Questions each	29 Minutes	2 Adaptive stages	1–6 Band score

You also need to design the test and question grid list sections below. We are looking for a subtle transition between sections to make it easier for people to know when a new section begins.



As you can see we are using a full width top border, which is OK, but the page is long so it becomes difficult to see when a new section begins.





Since **January 21, 2026**, the TOEFL test has used this format. The texts and recordings are short, and they come from university life and everyday situations. That means the test measures how well you use English. You do not need special knowledge of any subject. When taking the official TOEFL exam, plan for about **two hours** in total. You can take the test at a test center or at home with an online proctor.

Each section gets a band from **1–6**, in steps of 0.5 (for example, 4 or 4.5). These bands match the **CEFR levels B1, B2, and C1**. Your total score is the average of your four section bands, rounded to the nearest half band. Until 2028, ETS will also report the old **0–120 score** next to your band, so universities can compare the two. A TOEFL iBT practice test on BestMyTest gives you the same band for each section, so you'll know your level before test day.

Each section has its own guide with the task types, sample questions with answers, and tips: the TOEFL reading practice guide, the TOEFL listening practice guide, the TOEFL writing practice guide, and the TOEFL speaking practice guide.

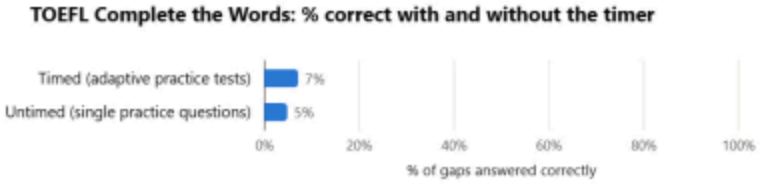
TOEFL Test Example Questions for Each Section

Here is one TOEFL test example question for each of the four sections, with the answers, so you see exactly what the questions look like before you take a full test. Each section also has a dedicated guide with every task type, more sample questions, and tips.

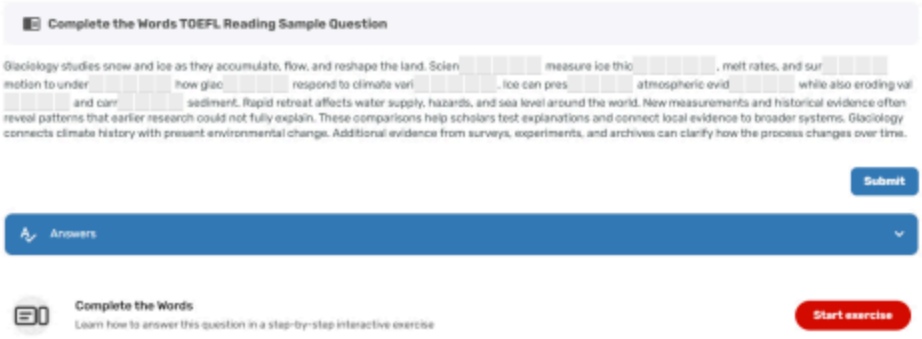
TOEFL Reading Example Questions

This TOEFL reading example question is a **Complete the Words** task from our practice tests. A short academic paragraph has words with missing letters, and you type the letters that complete each word. Try to fill in the missing letters for each word first, then check your answers. Before you start, did you know this? For our students, Complete the Words is easier with a timer. Our students got 7% of the gaps right in timed practice tests and 5% in untimed practice.

Interested in learning more about the TOEFL reading section? Go to our TOEFL Reading Practice Test Guide



Source: www.bestmytest.com October 2026



TOEFL Listening Example Questions