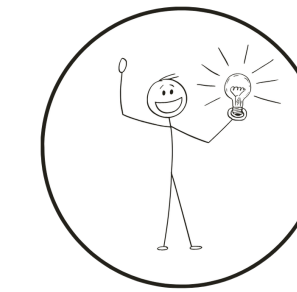
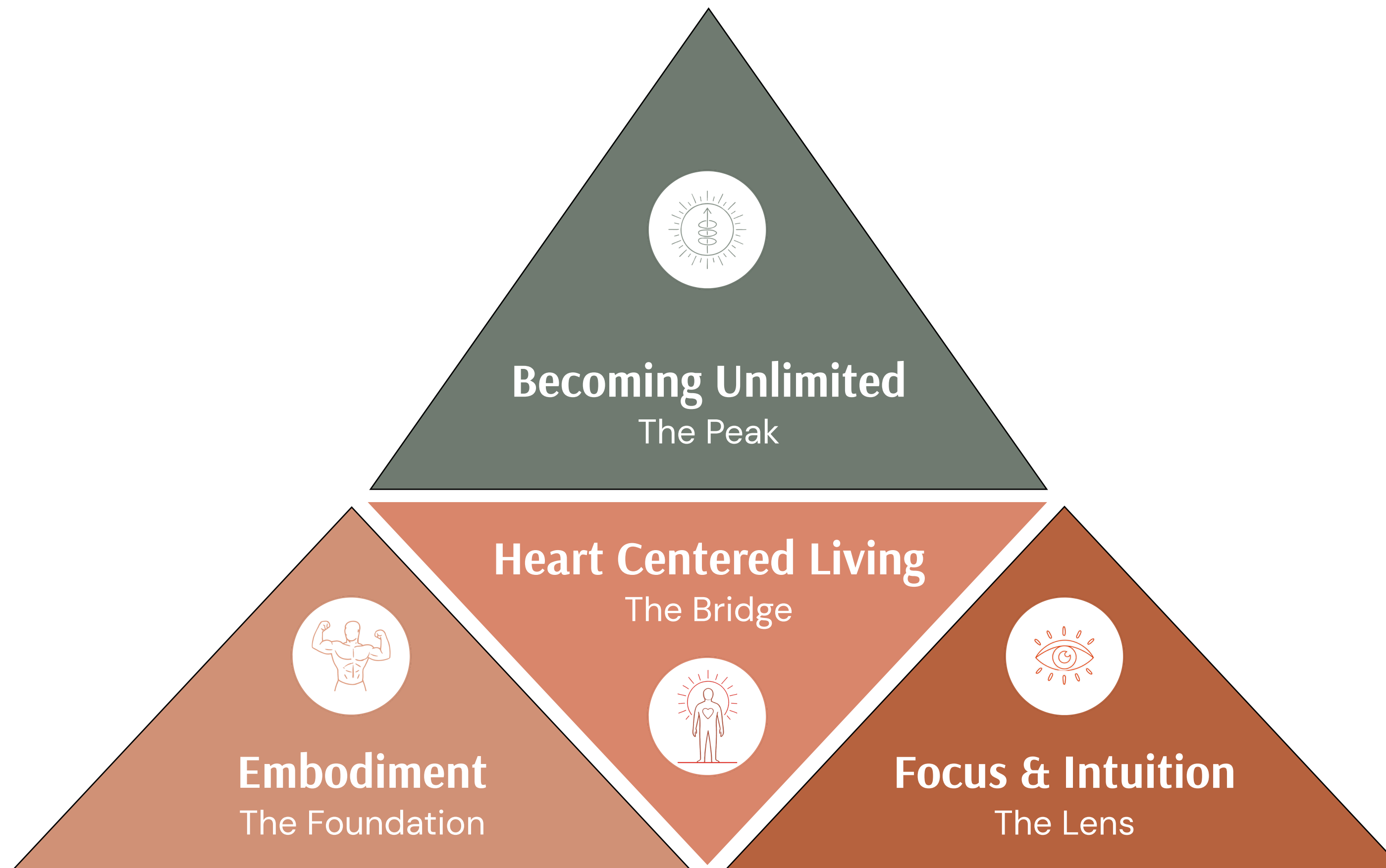
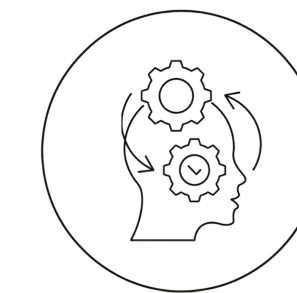


The 4 Dimensions of Transformation



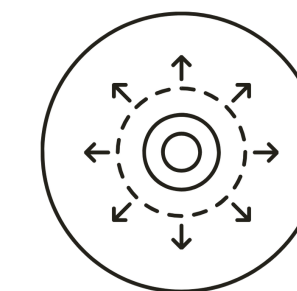
Phase 1: Awareness & Insight

Cultivating self-reflection, identifying patterns and gaining clarity on personal drivers through introspective practices and data-informed assessment.



Phase 2: Integration & Practice

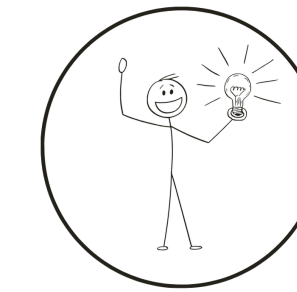
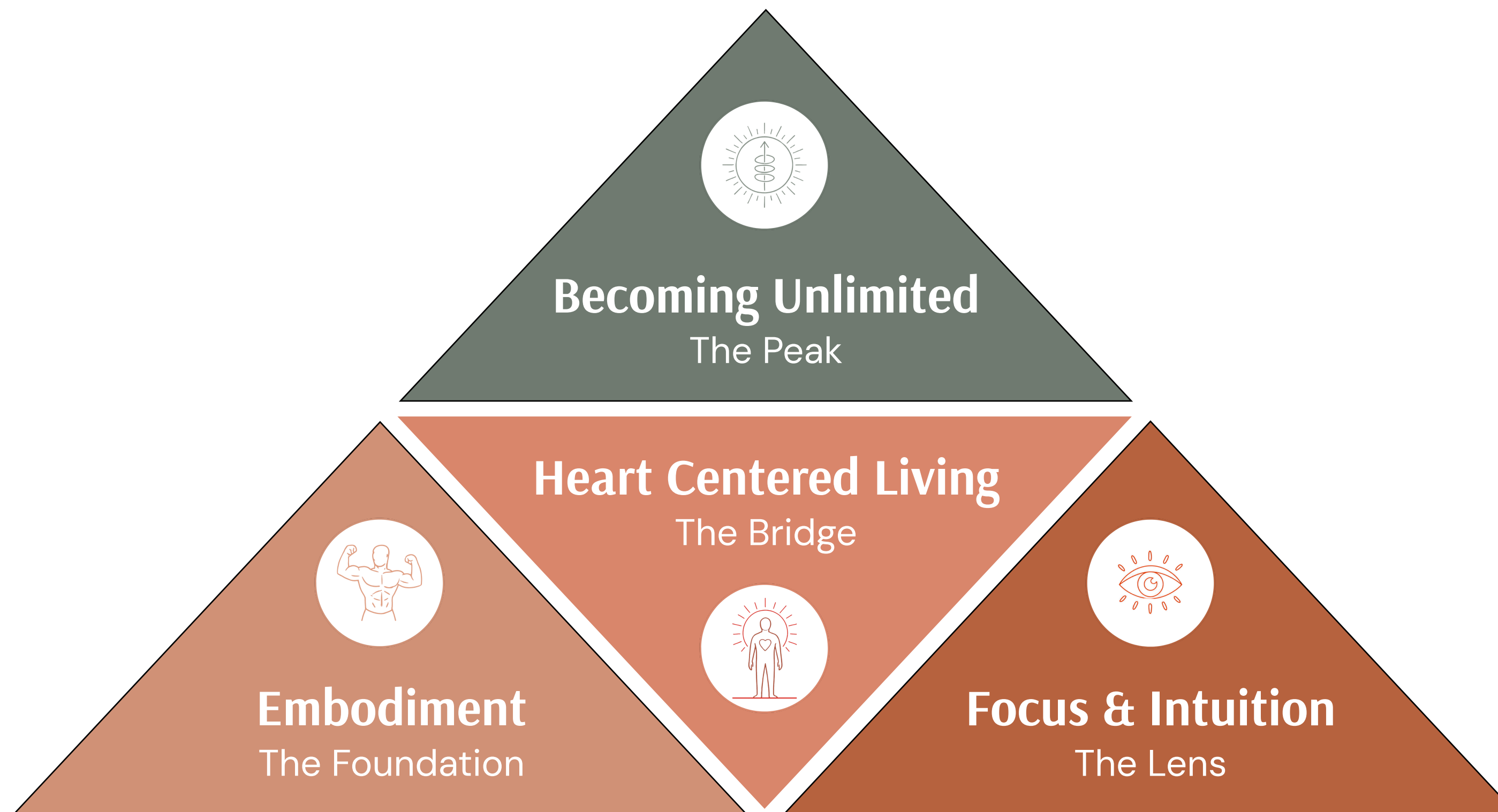
Applying tools and frameworks, developing new habits and aligning actions with core values through consistent application and feedback loops.



Phase 3: Expansion & Sustainable Growth

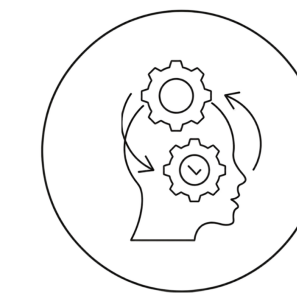
Achieving long-term transformation, exceeding limitations and fostering resilience through continuous evolution and a purpose-driven approach.

The 4 Dimensions of Transformation



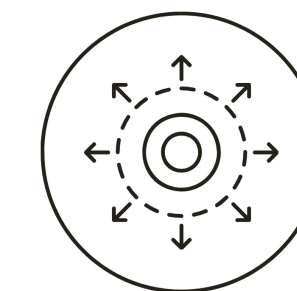
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