

SUGGESTED USE: As a dietary supplement, take one (1) scoop with 8-12 fl oz of water.

WARNING: For use by healthy adults only, not recommended for persons under the age of 18. Do not use if you are pregnant or nursing. Seek advice from a healthcare professional before taking if you have any preexisting medical condition to ensure it is safe to take this product. In case of accidental overdose, contact a poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN.

This product is produced in a facility that also processes milk, eggs, fish, shellfish, tree nuts, peanuts, soy, wheat, and may contain trace amounts of all ingredients.

Storage Instructions: Store in a cool dry place.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Expiration Date Printed on Bottom of Bottle.
SKU:ROC605

PRE WORKOUT

FRUIT PUNCH

30 Servings

NET WEIGHT: 204 G (7.2 oz)
DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Scoop (6.82 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin B3 (as Niacinamide)	35mg	219%
Vitamin B6 (as Pyridoxine HCl)	2mg	118%
Vitamin B9 (as Folic Acid 97%)	80mcg	20%
Vitamin B12 (as Methylcobalamin)	6mcg	250%
Choline (from Choline Bitartrate)	41.13mg	7%
L-Citrulline DL-Malate 1:1	2000mg	**
Creatine Monohydrate	2000mg	**
Focus Matrix	690mg	**
N-Acetyl Tyrosine (NAT), Dimethylaminoethanol DL-Bitartrate (DMAE), L-Theanine		
Caffeine Anhydrous	200mg	**
Black Pepper Extract	2mg	**

** Daily Value (DV) not established

Other Ingredients: Silicon Dioxide, Malic Acid, Naturally & Artificially Flavored, Citric Acid, Sucralose, Acesulfame Potassium.

Distributed By: Company Name
Street Address City, ST Zipcode
website or phone number