Dark Chocolate Sea Salt

Front

No artificial flavorings.
No added sugar. No funny stuff.

Better Bites
Snack Balls

Always the perfect bite.

Dark Chocolate Sea Salt

Net weight 1.8 oz. (51g) per pack

Bottom

Made in the USA
BEST BY

Manufactured by Dana Stowell LLC
Miami, FL 33138

Back

Dark Chocolate Sea Salt

Take a Better Bite out of life!

Better Bites were made for me and for you. Fed up with long ingredient labels, my goal was to create a delicious snack made with high quality ingredients and no funny stuff.

Better Bites are that snack. Made with real and nutritious ingredients, they satisfy your sweet tooth without busting your belt. Take them on a run, eat them at your desk, do whatever you need them to do. They're made for you.

So, here's to good food that's also good for you. I hope you enjoy them as much as I do and thank you for giving them a try.

Dana

- No artificial flavorings
- No added sugar
- No funny stuff

www.betterbitesbydana.com

Nutrition Facts
Serving Size: 1 package (51g)

Amount Per Serving	
Calories 180	Calories from Fat 120
	% Daily Value*
Total Fat 13g	**20%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 120mg	**5%**
Total Carbohydrate 15g	**5%**
Dietary Fiber 4g	**16%**
Sugars 6g	
Protein 6g	

Vitamin A 0% • Vitamin C 0%
Calcium 4% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Peanut Butter, Semi-Sweet Chocolate (Sugar, Chocolate, Cocoa Butter), Whole Grain Oats, Oat Fiber, Dark Chocolate Coating Wafers (Sugar, Hydrogenated Palm Kernel And Palm Oils, Nonfat Dry Milk, Cocoa), Chia Seeds, Flaxseed, Sea Salt

Contains: Milk, Wheat, Peanuts

7 36640 36945 9

Chocolate Chip

Front

No artificial flavorings.
No added sugar. No funny stuff.

Better Bites
Snack Balls

Always the perfect bite.

Chocolate Chip

Net weight 1.8 oz. (51g) per pack

Bottom

Made in the USA
BEST BY

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Miami, FL 33138

Back

Chocolate Chip

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Dana

- No artificial flavorings
- No added sugar
- No funny stuff

www.betterbitesbydana.com

Nutrition Facts
Serving Size: 1 package (51g)
Servings Per Container: 1

Amount Per Serving	
Calories 170	Calories from Fat 90
	% Daily Value*
Total Fat 10g	**15%**
Saturated Fat 3g	**15%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 65mg	**3%**
Total Carbohydrate 22g	**7%**
Dietary Fiber 4g	**16%**
Sugars 13g	
Protein 4g	
Vitamin A 0% •	Vitamin C 0%
Calcium 4% •	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Peanut Butter, Semi-Sweet Chocolate (Sugar, Chocolate, Cocoa Butter), Honey, Whole Grain Oats, Oat Fiber, Dark Chocolate Coating Wafers (Sugar, Hydrogenated Palm Kernel And Palm Oils, Nonfat Dry Milk, Cocoa), Chia Seeds, Flaxseed

Contains: Milk, Wheat, Peanuts

7 36640 36946 6

Peanut Butter & Jelly

Front

No artificial flavorings.
No additives. No funny stuff.

Better Bites
Snack Balls

Always the perfect bite.

Peanut Butter & Jelly

Net weight 1.8 oz. (51g) per pack

Bottom

Made in the USA
BEST BY

Manufactured by Dana Stowell LLC
Miami, FL 33138

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Peanut Butter & Jelly

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So, here's to good food that's also good for you. I hope you enjoy them as much as I do and thank you for giving them a try.

Dana

- No artificial flavorings
- No added sugar
- No funny stuff

www.betterbitesbydana.com

Nutrition Facts
Serving Size: 1 package (51g)

Amount Per Serving	
Calories 140	Calories from Fat 90
	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 80mg	**3%**
Total Carbohydrate 23g	**8%**
Dietary Fiber 13g	**52%**
Sugars 5g	
Protein 5g	
Vitamin A 0% •	Vitamin C 0%
Calcium 2% •	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Peanut Butter, Oat Fiber, Raspberry Preserves (Raspberries, Sugar, Cane Sugar), Whole Grain Oats, Chia Seeds, Flaxseed

Contains: Wheat, Peanuts

7 36640 36947 3

Maple Cinnamon

Front

No artificial flavorings.
No additives. No funny stuff.

Better Bites
Snack Balls

Always the perfect bite.

Maple Cinnamon

Net weight 1.8 oz. (51g) per pack

Bottom

Made in the USA
BEST BY

Manufactured by Dana Stowell LLC
Miami, FL 33138

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Maple Cinnamon

Take a Better Bite out of life!

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So, here's to good food that's also good for you. I hope you enjoy them as much as I do and thank you for giving them a try.

Dana

- No artificial flavorings
- No added sugar
- No funny stuff

www.betterbitesbydana.com

Nutrition Facts
Serving Size: 1 Package (51g)

Amount Per Serving	
Calories 160	Calories from Fat 90
	% Daily Value*
Total Fat 9g	**14%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 80mg	**3%**
Total Carbohydrate 23g	**8%**
Dietary Fiber 9g	**36%**
Sugars 8g	
Protein 5g	
Vitamin A 0% •	Vitamin C 0%
Calcium 2% •	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Peanut Butter, Maple Syrup, Oat Fiber, Whole Grain Oats, Chia Seeds, Flaxseed

Contains: Wheat, Peanuts

7 36640 36948 0

Health Nut

Front

No artificial flavorings.
No additives. No funny stuff.

Better Bites
Snack Balls

Always the perfect bite.

Health Nut

Net weight 1.8 oz. (51g) per pack

Bottom

Made in the USA
BEST BY

Manufactured by Dana Stowell LLC
Miami, FL 33138

Back

Health Nut

Take a Better Bite out of life!

Better Bites were made for me and for you. Fed up with long ingredient labels, my goal was to create a delicious snack made with high quality ingredients and no funny stuff.

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So, here's to good food that's also good for you. I hope you enjoy them as much as I do and thank you for giving them a try.

Dana

- No artificial flavorings
- No added sugar
- No funny stuff

www.betterbitesbydana.com

Nutrition Facts

Serving Size: 1 package (51g)
Servings Per Container: 1

Amount Per Serving	
Calories 150	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 60mg	**3%**
Total Carbohydrate 24g	**8%**
Dietary Fiber 5g	**20%**
Sugars 15g	
Protein 4g	
Vitamin A 0% •	Vitamin C 0%
Calcium 2% •	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Honey, Peanut Butter, Whole Grain Oats, Oat Fiber, Chia Seeds, Flaxseed

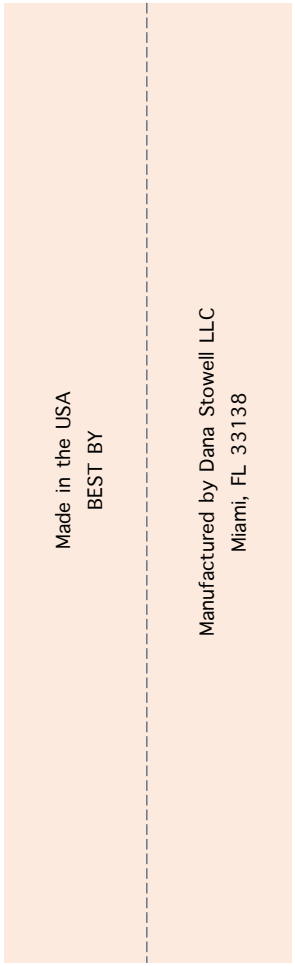
Contains: Wheat, Peanuts

7 36640 36949 7

Strawberry Chocolate Coconut

Front

Bottom



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