

# VG7

## 7 superfoods for your health

Each of the 7 minimally processed, whole food ingredients are considered superfoods by themselves. Together, these fruits and vegetables are even stronger. We designed VG7 to give the body a little extra support, to fill in any nutritional holes in one's diet. In addition to being packed with antioxidants and nutrients, VG7 provides a solid dose of fiber.\*



Moringa - Known around the world as the Miracle Tree, Moringa's ORAC (Oxygen radical absorbance capacity) is one of the most powerful antioxidants in nature.



Mangosteen - This is a delicious superfood that benefits numerous body organs and systems.



Bitter Melon - Rich in nutrients. Studies suggest that it may be good for lowering blood sugar levels and for mitigating type-2 diabetes.



Sweet Potato - High in fiber, vitamins, and minerals.



Cayenne Pepper - High in capsaicin, which is used to treat a variety of health concerns, including inflammation.



Taro - High in Essential B Complex vitamins and a source of iron, phosphorous, potassium, copper, manganese, and zinc.



Papaya - High in vitamins and minerals, and used to treat digestive problems.



If you are looking for an all natural way to boost your nutrition without having to use a chemically derived supplement, VG Wellness products are the answer! We deliver the most potent and natural supplements direct to your door. Supplementing your healthy lifestyle has never been more convenient.

Please visit us at:

[www.vgwellness.com/my/](http://www.vgwellness.com/my/) \_\_\_\_\_

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.