



[WWW.HIREPS.COM.AU](http://WWW.HIREPS.COM.AU) PH: 02 8882 9968

\*CONDITIONS APPLY

# Fitness Lives Here



**NO MATTER YOUR CURRENT FITNESS ABILITY, IF YOU ARE LOOKING TO MAKE POSITIVE STRIDES IN YOUR HEALTH AND FITNESS, WE WANT YOU AT HI REPS FITNESS.**

## **SERVICES WE OFFER:**

- **CROSSFIT • FUNCTIONAL GROUP FITNESS**
- **PERSONAL TRAINING • WEIGHTLIFTING (AWF) • TEENS**

*"If I can sum it up in one word, Hi Reps has given me a **PURPOSE**. It has practically changed my whole outlook on life." – ANG*

**WWW.HIREPS.COM.AU PH: 02 8882 9968**