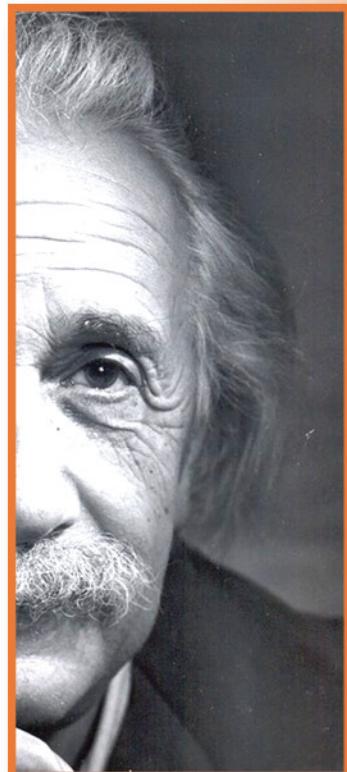
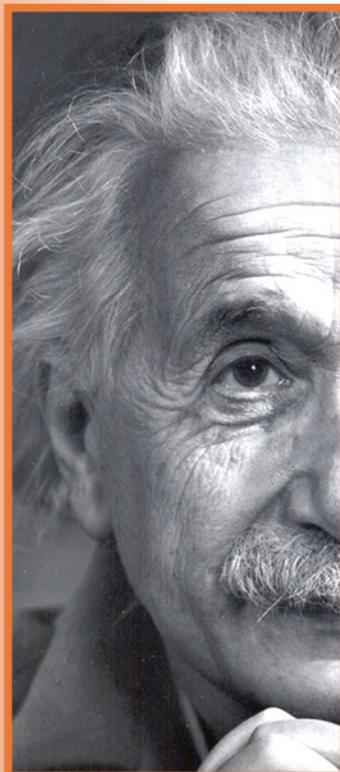




*Excellence through Dental Education*

*A Seattle Study Club*



2013-2014

Academic Program  
and Schedule of Events



Dear Colleagues,

The **Princeton Group for Dental Excellence** is a study club for dentists and their teams. As a group we stay in the forefront of dental and systemic health care. Dentistry is always changing for the better and our study club gives us the opportunity to move right along with it.

The goals in developing our program are to promote and advance interdisciplinary treatment planning as the foundation of ideal, comprehensive care for our patients. We are a peer based study club. We want to improve our ability to treatment plan and treat complex cases in an interdisciplinary setting. We have a strong commitment to achieve our full potential in becoming “complete clinicians”.

As a member of the **Princeton Group for Dental Excellence** you are also a member of the national **Seattle Study Club**. You will receive a quarterly journal and online access to their network of information and resources. You are invited to their events including the annual symposium in January 2014, this year in Scottsdale, AZ. There are lists of all the affiliated clubs online with their courses that you may attend at any location. They are a great resource of nationally known speakers and sponsorship partners, which we tap into annually.

As always our program is designed by our member input. This year Dr. Jeffrey Rouse will address nocturnal airway issues as related to occlusion, wear and TMD. Everyday dentistry for the esthetically minded, real world dentist and staff will be presented by Dr. Robert Margeas. We will have a hands-on digital impressioning course with Dr. Brian Schroder. Dr. Susan Calderbank will update us on the oral complications of chemo therapy. In addition to the diagnosis and treatment planning sessions, the PGDE advisors will be presenting to us. And, of course the holiday meeting will revive us and our teams with Joy Millis followed by an afternoon of unique entertainment.

When the program comes together, each year I realize that it will be an exciting fun year of continuing education. I am thrilled to be the director of the **Princeton Group for Dental Excellence**.

Warmest regards  
Richard Staller, DMD

Princeton Group for  
Dental Excellence  
**ADVISORS**

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Richard C. Staller, DMD, FICD  
*Program Director*  
*Periodontic Advisor*

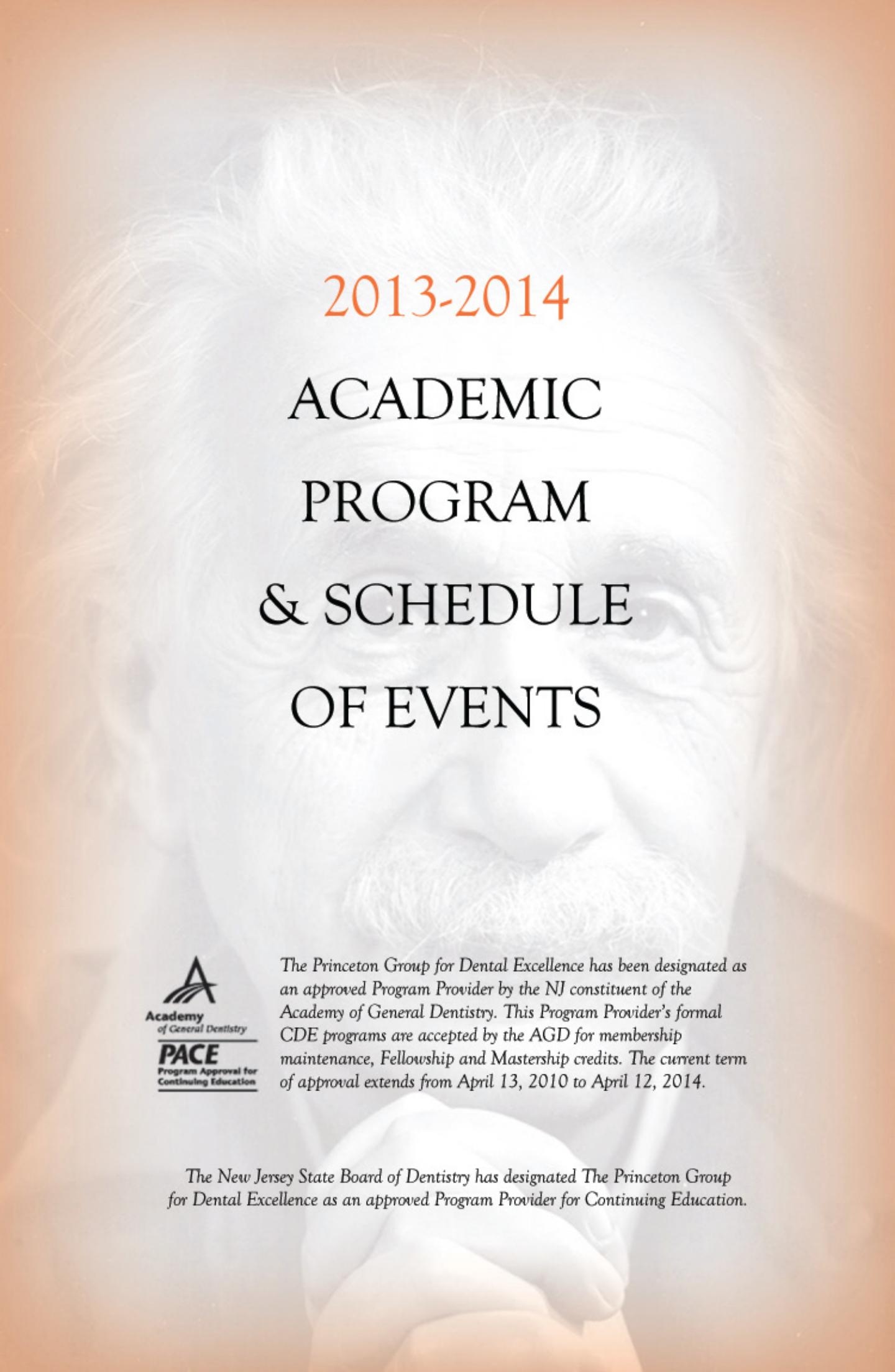
David M. Fenster, DMD, PA  
*Endodontic Advisor*

Stephen I. Hudis, DDS, FACP  
*Prosthodontic Advisor*

Jonathan L. Nicozisis, DMD, MS  
*Orthodontic Advisor*

Harold Trujillo, CDT/MDT  
*Laboratory Advisor*

Cynthia V. Varnum, RDA  
*Program Coordinator*



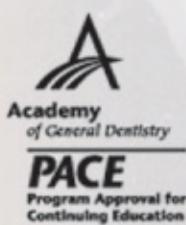
# 2013-2014

# ACADEMIC

# PROGRAM

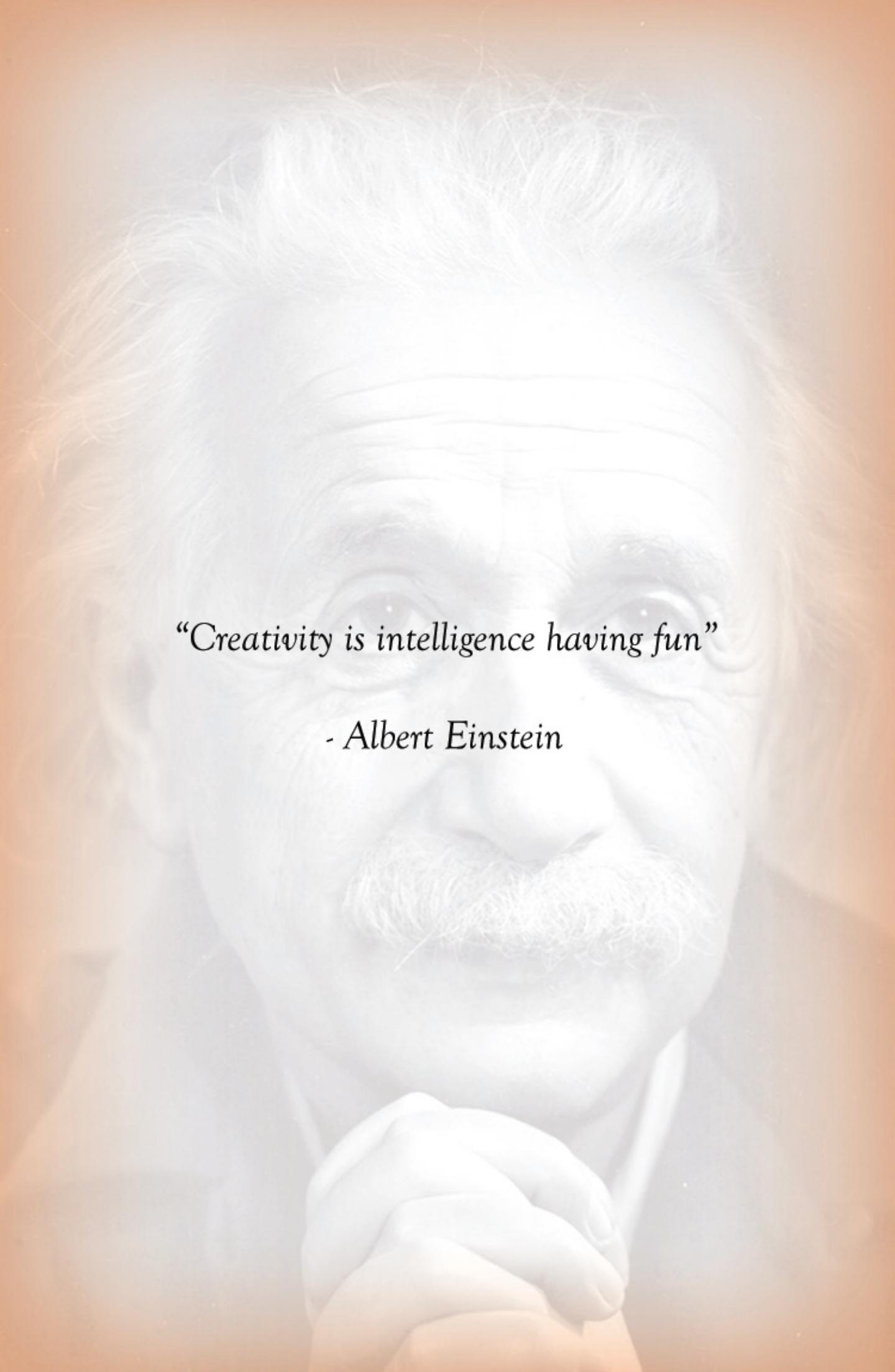
# & SCHEDULE

# OF EVENTS



The Princeton Group for Dental Excellence has been designated as an approved Program Provider by the NJ constituent of the Academy of General Dentistry. This Program Provider's formal CDE programs are accepted by the AGD for membership maintenance, Fellowship and Mastership credits. The current term of approval extends from April 13, 2010 to April 12, 2014.

The New Jersey State Board of Dentistry has designated The Princeton Group for Dental Excellence as an approved Program Provider for Continuing Education.

A faded, sepia-toned portrait of Albert Einstein. He is shown from the chest up, wearing a dark suit jacket over a light-colored shirt. His hands are clasped together in front of him. He has his signature wild, white hair and a gentle, thoughtful expression. The background is a soft, out-of-focus wash of the same sepia tones.

*“Creativity is intelligence having fun”*

*- Albert Einstein*

# Table of Contents

<b>September 18, 2013</b>	1
<i>Everyday Dentistry – More than Everyday Esthetic Results</i>	
<b>October 10, 2013</b>	2
<i>Front Desk Mastermind</i>	
<b>October 23, 2013</b>	3
<i>Sleep Prosthodontics: Biological Approach to Occlusion, Wear and TMD</i>	
<b>November 19, 2013</b>	4
<i>Diagnosis and Treatment Planning I</i>	
<b>December 11, 2013</b>	5
<i>Reviving Your Practice - How to keep your practice ALIVE &amp; THRIVING</i>	
<b>January 16, 2014</b>	6
<i>Knights of the Roundtable</i>	
<b>February 4, 2014</b>	7
<i>The Oral Complications and Management of Patients Compromised by Local and Systemic Cancer Therapies</i>	
<b>March 28, 2014</b>	8
<i>Hands-On Preparation and Digital Impressioning</i>	
<b>April 10, 2014</b>	9
<i>Diagnosis and Treatment Planning II</i>	
<b>May 9, 2014</b>	10
<i>Building Your Practice Through Endodontics</i>	

# September

## Everyday Dentistry – More than Everyday Esthetic Results

**Robert Margeas, DDS**

*Adjunct Professor in the Department of Operative Dentistry at the University of Iowa, Iowa City, Iowa  
Private Practice in Des Moines, Iowa*

**Wednesday, September 18, 2013**

8:00am to 4:00pm Lecture  
(7:30am Registration/Breakfast)

### **Participants:**

Doctors and Clinical Staff

### **Location:**

Greenacres Country Club  
2170 Lawrence Road  
Lawrenceville, NJ 08648

### **Description:**

This lecture is designed for today's esthetically minded, real world dentist and staff. Dr. Margeas will review dozens of direct and indirect clinical cases, step-by-step that are done in real time on an everyday basis. These include: porcelain veneers from preparation, provisionalization and cementation, direct composite resin veneers, class IV restorations, diastema closure, peg laterals, and porcelain repair. Learn how to create perfect ovate pontic sites following extractions, simplified implant techniques, and various treatment options for treating the worn dentition.

### **Learning Objectives:**

Upon completion of this course you will learn how to:

- Properly finish composite resins that mimic nature
- Prepare and cement porcelain veneers
- Diagnose and treat the worn dentition
- Provisionalize immediately following implant placement
- Provisionalize with a fixed appliance if the implant is not stable

**Credits: 7 CEU**

# October

## Front Desk Mastermind Leadership - The Capacity to Translate Vision to Reality

PGDE Advisors

Thursday, October 10, 2013

6:30pm to 9:00pm Lecture  
(6:00pm Registration/Dinner)

### **Participants:**

Front Desk and Business Team Members

### **Location:**

Greenacres Country Club  
2170 Lawrence Road  
Lawrenceville, NJ 08648

### **Description:**

- This session is designed for front office and business team members of all types of dental practices
- Come join your colleagues as we explore the daily challenges unique to the front office
- Participants are encouraged to bring your concerns, ideas, comments and questions
- Attendee participation required

Credits: 3 CEU

# October

## Sleep Prosthodontics: Biological Approach to Occlusion, Wear and TMD

**Jeffery S. Rouse, D.D.S**

*Clinical Adjunct Associate Professor in the Department of Prosthodontics at the University of Texas Health Science Center at San Antonio.  
Private practice in San Antonio, Texas*

**Wednesday, October 23, 2013**

8:00am to 4:00pm Lecture  
(7:30am Registration/Breakfast)

### **Participants:**

Doctors and Clinical Staff

### **Location:**

Greenacres Country Club  
2170 Lawrence Road  
Lawrenceville, NJ 08648

### **Description:**

The future of dentistry is the concept of Airway and the 21st century practitioner must be forward-thinking in not only the various types of mandibular advancement appliances (MAA), but also *how* the complementing technology of *Pulse Oximetry* is integral in patient detection of sleep-related breathing and its impact on dentistry.

This 1-day lecture will present the key features of many of the popular designs of MAA, discussing the advantages and disadvantages that will yield in an *Appliance Algorithm*. Dr. Rouse will present *how* high-resolution pulse oximetry in both diagnosis and titration will be reinforced by actual data from a myriad of patients highlighting the *Patient Detection* part of the lecture.

Airway Issues and Airway-based occlusion is no longer simply trending, it is a part of our daily regimen, personally and professionally. As practitioners, it is our duty to further understand *Why* and *How*. Join Dr. Rouse in an engaging discussion and lecture, explicating the myriad of issues that are all connected to Airway, past, present, and future.

### **Learning Objectives:**

- Clarify the sleep-disease connection including dental diseases such as caries, periodontal disease, dental erosion, and nocturnal bruxism
- Illuminate the unique role that dentists and dental hygienists play in resolving sleep and airway issues
- Create an algorithm for appliance selection and simplify the seating and titration process
- Understand the value of high-resolution pulse oximetry in assisting dentists to envision airway transformation with an oral appliance

**Credits: 7 CEU**

# November

## Diagnosis and Treatment Planning I

### A Team Effort

**David M. Fenster, DMD, PA**

Princeton Group for Dental Excellence Endodontic Advisor

**Stephen I. Hudis, DDS, FACP**

Princeton Group for Dental Excellence Prosthodontic Advisor

**Jonathan L. Nicozisis, DMD, MS**

Princeton Group for Dental Excellence Orthodontic Advisor

**Richard C. Staller, DMD, FICD**

Princeton Group for Dental Excellence Periodontic Advisor

**Harold Trujillo, CDT/MDT**

Princeton Group for Dental Excellence Laboratory Advisor

**Tuesday, November 19, 2013**

6:30pm to 9:30pm Lecture

(6:00pm Registration/Dinner)

#### **Participants:**

Doctors Only

#### **Location:**

Greenacres Country Club  
2170 Lawrence Road  
Lawrenceville, NJ 08648

#### **Description:**

- Member participation will be required for this session
- Will feature our specialist advisors interacting with our members

#### **Learning Objectives:**

Goal for the evening is to provide resources for our members to problem solve. You are encouraged to bring in materials pertinent to the case which may include:

- Patient's medical and dental history
- Complete periodontal charting
- Diagnostic casts (preferably mounted)
- Clinical photographs
- Information relative to the patient's complaints, desires or limitations

**Credits: 3 CEU**

# December

## Reviving Your Practice

### How to Keep Your Practice ALIVE & THRIVING

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Joy Millis, Certified Speaking Professional

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**Wednesday, December 11, 2013**

8:00am to 4:00pm Lecture/Holiday Luncheon with Surprise Entertainment  
(7:30am Registration/Breakfast)

**Participants:**

Doctors and Team Members

**Location:**

Greenacres Country Club  
2170 Lawrence Road  
Lawrenceville, NJ 08648

**Description:**

Is your practice ALIVE & THRIVING or gasping for breath? In this fast-paced program, Joy will engage you and your team in taking action that will keep your practice ALIVE & THRIVING, while protecting the doctor/patient relationship and managing risk!

**Learning Objectives:**

By the end of this program, participants should be able to:

- Find, keep and stop losing patients
- Prevent dental insurance from interfering with patient's decisions about necessary dental care
- Create a system for following up on patients who do not schedule to receive recommended dental treatment
- Communicate with patients the risk of not proceeding with recommended dental treatment
- Engage every member of the dental team in preventing the loss of patients who are at risk of experiencing additional dental loss

Credits: 5 CEU

# January

## Knights of the Roundtable

**David M. Fenster, DMD, PA**

*Princeton Group for Dental Excellence Endodontic Advisor*

**Stephen I. Hudis, DDS, FACP**

*Princeton Group for Dental Excellence Prosthodontic Advisor*

**Jonathan L. Nicozisis, DMD, MS**

*Princeton Group for Dental Excellence Orthodontic Advisor*

**Richard C. Staller, DMD, FICD**

*Princeton Group for Dental Excellence Periodontic Advisor*

**Harold Trujillo, CDT/MDT**

*Princeton Group for Dental Excellence Laboratory Advisor*

**Thursday, January 16, 2014**

6:30pm to 9:30pm Lecture

(6:00pm Registration/Dinner)

**Participants:**

Doctors Only

**Location:**

Camillo's Café  
301 N. Harrison Street  
Princeton, NJ 08540

**Description:**

- PGDE Advisor presentations on selected topics
- Cases will be presented that are commonly treated with the restorative dentist
- Time will be set aside for questions and answers

Credits: 3 CEU

# February

## The Oral Complications and Management of Patients Compromised by Local and Systemic Cancer Therapies

**Susan E. Calderbank, D.M.D.**

*Associate Professor at the University of Pittsburgh Medical Center/Horizon Campus  
Private Practice in Greenville, Pennsylvania*

**Tuesday, February 4, 2014**

6:30pm to 9:30pm Lecture  
(6:00pm Registration/Dinner)

**Participants:**

Doctors and Staff

**Location:**

Greenacres Country Club  
2170 Lawrence Road  
Lawrenceville, NJ 08648

**Description:**

Today every three minutes, someone is diagnosed with cancer. Is your office prepared to handle the dental needs of these patients? Oral complications resulting from anticancer therapies can significantly affect morbidity, the patients' tolerance of treatment and their quality of life. Involving the entire dental team in the management of the cancer patient has been a recommendation of the National Institute of Health for over ten years.

This course is designed to provide the information that will enable you to effectively give treatment to these medically compromised patients. Topics will include:

Acute and chronic treatment induced oral complications:

- Bacterial, Fungal and Viral infections
- Mucositis, radiation caries and salivary gland dysfunction

Management of these patients with the following:

- Analyzing blood studies and timing extractions/dental care
- Prevention of mucositis and treatment rinses

A thorough presentation on the CDX Brush Biopsy

**Learning Objectives:**

- To recognize acute and chronic treatment induced oral complications
- To learn to manage these complications during treatment
- To understand the importance of dialogue with the treating oncologists
- To give you the confidence and compassion to care for these patients

**Credits: 3 CEU**

# March

## Hands-On Preparation and Digital Impressioning

**Brian K. Schroder, D.D.S.**

*Private Practice in San Antonio, Texas*

**Friday, March 28, 2014**

8:00am to 4:00pm Lecture/Hands-On  
(7:30am Registration/Breakfast)

### **Participants:**

Doctors Only

### **Location:**

Greenacres Country Club  
2170 Lawrence Road  
Lawrenceville, NJ 08648

### **Description:**

This presentation will introduce “Dedicated Digital Impressioning” as an alternative to conventional systems. There are many inherent flaws in our conventional systems which are eliminated by the computers that will be discussed today.

As restorative dentists we must remain aware of the need for excellence in our preparations and isolation in order for computers to increase our chances for success. In the hands on exercises we will review some long standing principles of preparation design that will help us to attain our desired levels of success. Dentistry is a difficult clinical discipline. Excellence is not easily attained and change is something that we tend to avoid. I hope that the time you spend with me today will inspire you to get into the digital impressioning game and that what I present will be incorporated into your practices. I believe that this is our future.

### **Learning Objectives:**

- The different technologies currently available in digital impressioning
- How dedicated digital impressioning systems change the workflow in the fabrication of indirect restorations
- Case types suitable for digital impressioning
- What our scientific literature tells us about this new technology

**Credits: 7 CEU**

# April

## Diagnosis and Treatment Planning II Treatment Plan Like You Mean It

**David M. Fenster, DMD, PA**

*Princeton Group for Dental Excellence Endodontic Advisor*

**Stephen I. Hudis, DDS, FACP**

*Princeton Group for Dental Excellence Prosthodontic Advisor*

**Jonathan L. Nicozisis, DMD, MS**

*Princeton Group for Dental Excellence Orthodontic Advisor*

**Richard C. Staller, DMD, FICD**

*Princeton Group for Dental Excellence Periodontic Advisor*

**Harold Trujillo, CDT/MDT**

*Princeton Group for Dental Excellence Laboratory Advisor*

**Thursday, April 10, 2014**

6:30pm to 9:30pm Lecture

(6:00pm Registration/Dinner)

### **Participants:**

Doctors Only

### **Location:**

Greenacres Country Club  
2170 Lawrence Road  
Lawrenceville, NJ 08648

### **Description:**

- Member participation will be required for this session
- Will feature our specialist advisors interacting with our members

### **Learning Objectives:**

Goal for the evening is to provide resources for our members to problem solve. You are encouraged to bring in materials pertinent to the case which may include:

- Patient's medical and dental history
- Complete periodontal charting
- Diagnostic casts (preferably mounted)
- Clinical photographs
- Information relative to the patient's complaints, desires or limitations

**Credits: 3 CEU**

# May

## Building Your Practice Through Endodontics: “Knowledge is Your Greatest Ally”

**John West, DDS, MSD**

*Founder and Director of the Center for Endodontics in Tacoma, Washington*

**Friday, May 9, 2014**

8:00am to 1:00pm Lecture  
(7:30am Registration/Breakfast)

### **Participants:**

Doctors and Clinical Staff

### **Location:**

Greenacres Country Club  
2170 Lawrence Road  
Lawrenceville, NJ 08648

### **Description:**

The first step toward building a successful interdisciplinary dental practice is to know what is possible in all dental disciplines. As a clinician and educator for over 35 years, endodontist John West, has discovered most dentists “know what they don’t know.” What is different about this endodontic program is the focus on “what you don’t know that you don’t know.” John has tailor made this presentation to teach you everything you need to know about what endo to do when, where, why, and how.

As dentists we know that you can’t do it if you can’t see it and you can’t see it if you don’t know it’s there. John will teach us how to know it, how to see it, and how to do it. John promises this day will have a measureable and sustainable positive difference in your practice.

### **Learning Objectives:**

At the end of the seminar, you will be able to:

- Unravel the mystery of the “toothache headache” while in the middle of a busy treatment day
- Answer: Restore or Replace-How Do I Choose?
- Decide Nonsurgical vs. Surgical endodontic retreatment for optimal outcomes
- Decipher which new endodontic technologies are for me and how to master them into practice
- Immediately apply 21 endodontic practice builders into your practice

**Credits: 5 CEU**

PRINCETON GROUP  
*for*  
DENTAL EXCELLENCE

*Excellence through Dental Education*  
*A Seattle Study Club*



Academy of General Dentistry.  
Approved PACE Program Provider  
FAGD / MAGD Credit  
4/13/10 to 4/12/14

*The New Jersey State Board of Dentistry has designated The Princeton Group for Dental Excellence as an approved Program Provider for Continuing Education.*

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