

Nutrition facts

Serving size 1.25oz

Servings per container 1

Amount per serving

Calories 130

% Daily Value*

Total Fat 3.5g 4%

Saturated Fat 1.5g 8%

Cholesterol 25mg 8%

Sodium 1070mg 47%

Total Carbohydrate 8g 3%

Total Sugars 7g

Protein 20g

Calcium 0mg 0%

Iron 1mg 6%

Potassium 358mg 8%

Not a significant source of Trans fat added sugars and Vitamin D.

The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.