

# Nutrition Facts

30 servings per container

**Serving size** 1 Rounded Scoop  
(27g)

**Amount Per Serving**

**Calories** 100

**% Daily Value\***

**Total Fat** 0.5g 1%

Saturated Fat 0g 0%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 270mg 12%

**Total Carbohydrate** 1g 0%

Dietary Fiber 1g 4%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 24g 48%

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0.72mg 4%

Potassium 188mg 4%

Vitamin C 2%

Vitamin B12 8%

Phosphorus 2%

Magnesium 6%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.