

Symbolism of the willow tree:

The willow tree has a long history of symbolism rooted in spirituality and cultural traditions. One of the most valuable traits of the willow tree is its flexibility. The willow tree is one of the few trees that is capable of bending in outrageous poses without



snapping. The message of the willow tree is to adjust with life, rather than fighting it, surrendering to the process. **The willow reminds us to let go and to surrender completely to our innermost selves and to gain a deeper understanding of our subconscious.** Another powerful symbolic meaning of the willow tree is its adaptability, the willow tree's ability to not only survive, but also thrive in some of the most challenging conditions. **We can also look at how the willow tree encourages the expression of deep emotions,** including grief and sadness through tears and teaching us the value and consequences of love and loss. One of the greatest symbolic meanings of the willow tree is that even through great loss we have the ability to grow and there is potential for something new.

There is also great symbolism of the colors of the tree. Like the trunk of the tree, brown symbolizes stability, structure and support. Brown gives us a sense of duty and responsibility, encouraging a sense of security and belonging. Green, like the leaves on the branches, symbolizes nature, fertility, and life. It also represents balance, learning, growth and harmony.

The image of the willow tree represents the strength, stability and structure of the trunk, standing firm and withstanding the greatest of challenges. The branches are flexible and strong, bending without breaking. The leaves represent the balance, harmony and growth we experience through these storms and life challenges. The willow tree gives us hope, a sense of belonging, safety and the ability to let go and be our true selves.