Gym Genie

There are various pages through the journey that need designing, however many of them can share elements.

The key ones are listed below.

This app is about creating a list of exercises, with the sessions and sets included. Each set of exercises can have weight / reps added (or time and distance where appropriate).

We currently have a functional app, now it requires a design.
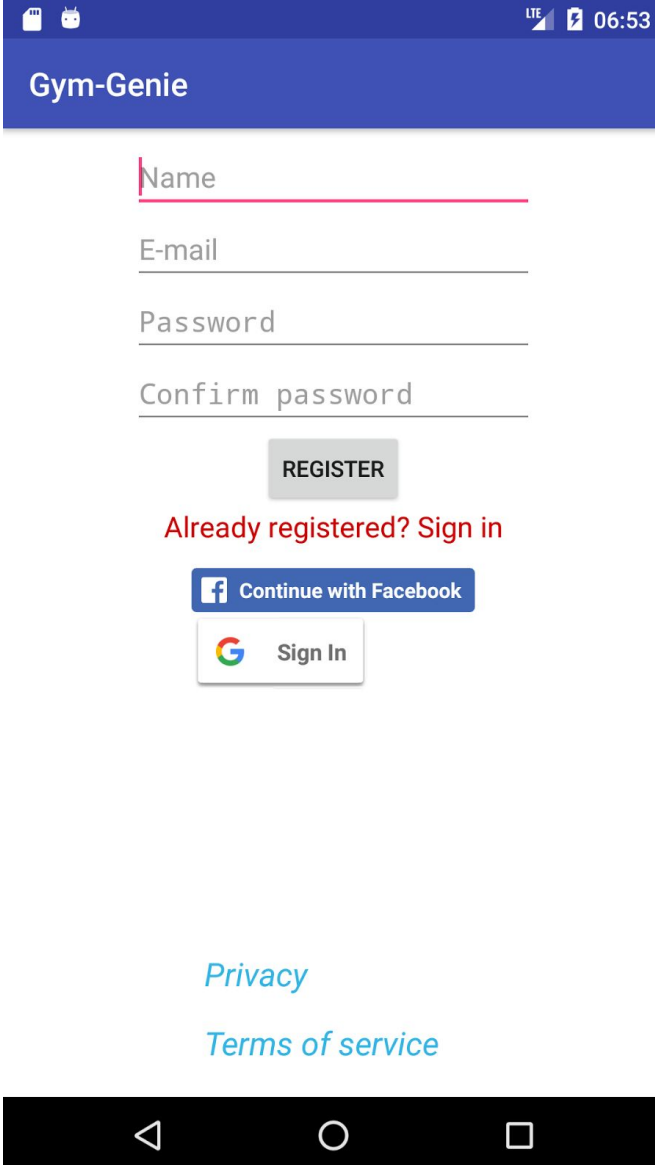
Listed below are examples of the pages.
We are looking for a clean design.

More details of colours, fonts and logos can be found at the draft website.

Gym-genie.com

1. Registration

Standard registration details with Facebook & Google buttons

2. Login

Standard login - email and password.
Please show error message formats.

LTE 06:54

← Login

E-mail

Password

LOGIN

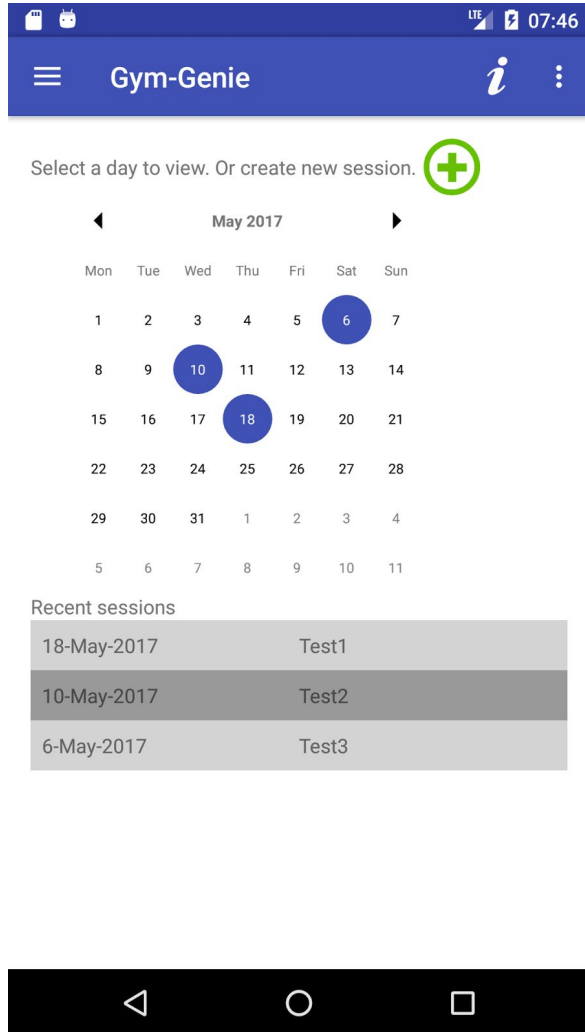FORGOT PASSWORD?

Continue with Facebook

G Sign In

Privacy

Terms of service

3. Home page (showing recent sessions)

The home page shows a calendar.

You are able to click a day, or the big green cross to add a new session.

There is a list of recent sessions at the bottom showing name and date. These are clickable.
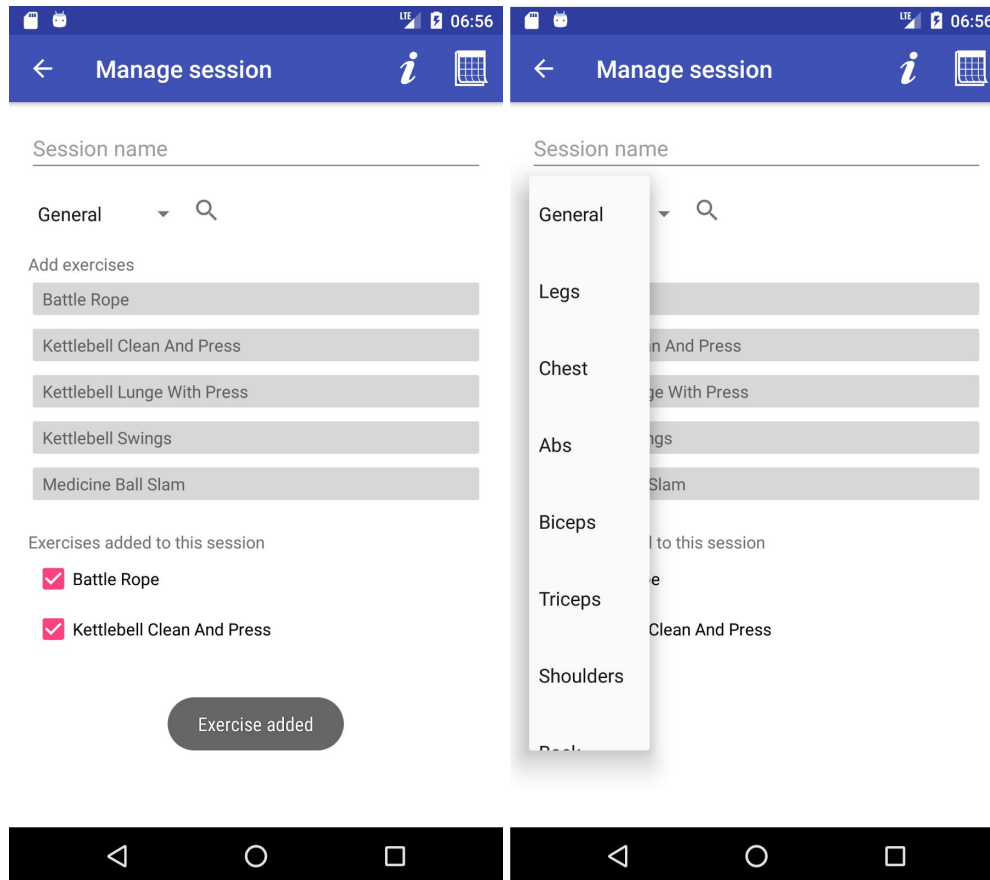
4. Creating a new session

When you create a new session you choose a group (eg legs or chest)

A list appears for exercises in the group.

You can select these exercises.

Selected exercises get added to a list at the bottom.

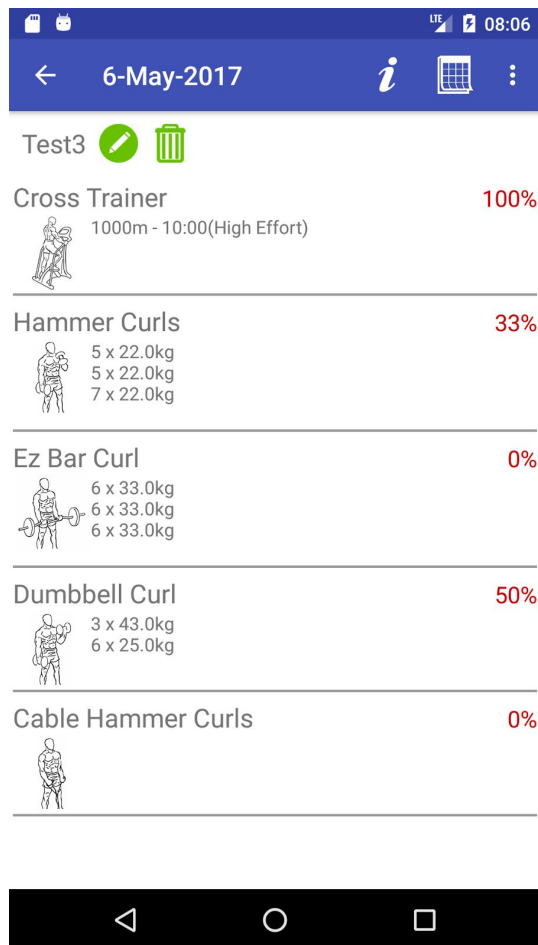|	
Manage session	**Manage session**
Session name	Session name
General	General
	Legs
Add exercises	
Battle Rope	Chest
Kettlebell Clean And Press	n And Press
Kettlebell Lunge With Press	ge With Press
Kettlebell Swings	Abs
Medicine Ball Slam	Slam
	Biceps
Exercises added to this session	to this session
☑ Battle Rope	Triceps
☑ Kettlebell Clean And Press	Clean And Press
	Shoulders
Exercise added	

5. Showing a session

When a session is complete it is presented as a session list.

There are options to edit this (back to previous page), or delete it.

The "0%" shows how much of the set has been completed - this could be shown as a graphic.
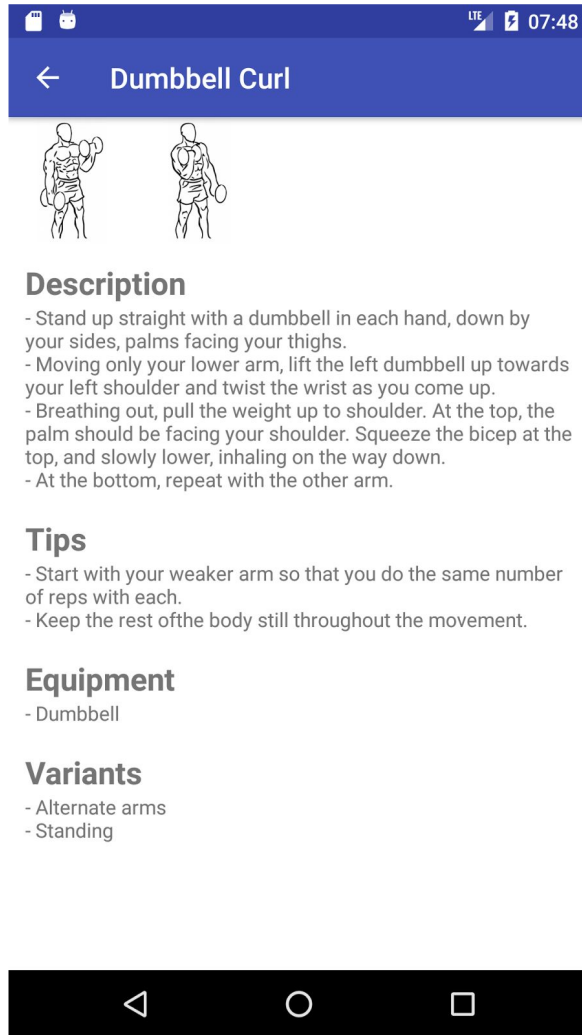
It shows the sets that are to be completed.

6. Showing exercise description

Details of the exercises can be seen

Description

- Stand up straight with a dumbbell in each hand, down by your sides, palms facing your thighs.
- Moving only your lower arm, lift the left dumbbell up towards your left shoulder and twist the wrist as you come up.
- Breathing out, pull the weight up to shoulder. At the top, the palm should be facing your shoulder. Squeeze the bicep at the top, and slowly lower, inhaling on the way down.
- At the bottom, repeat with the other arm.

Tips

- Start with your weaker arm so that you do the same number of reps with each.
- Keep the rest of the body still throughout the movement.

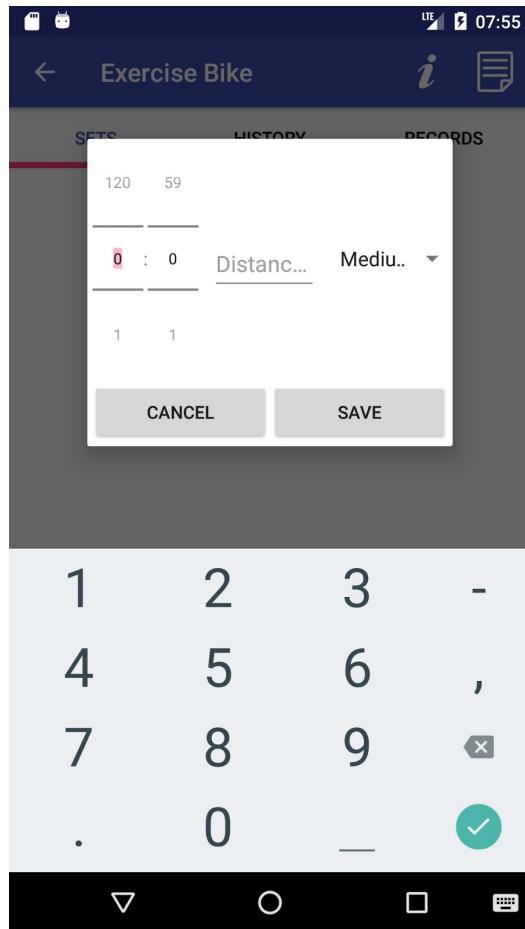**Equipment**

- Dumbbell

Variants

- Alternate arms
- Standing

7. Adding details to an exercise (weight and reps)

Adding or editing a set of exercises - weights and reps can be added for each exercise

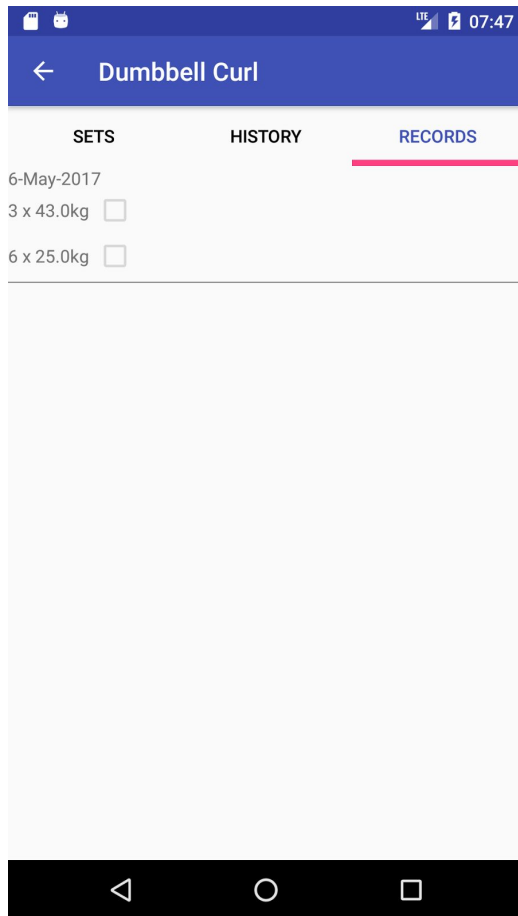8. Adding details to an exercise (time and distance)

Cardio type exercises have distance, time and effort added
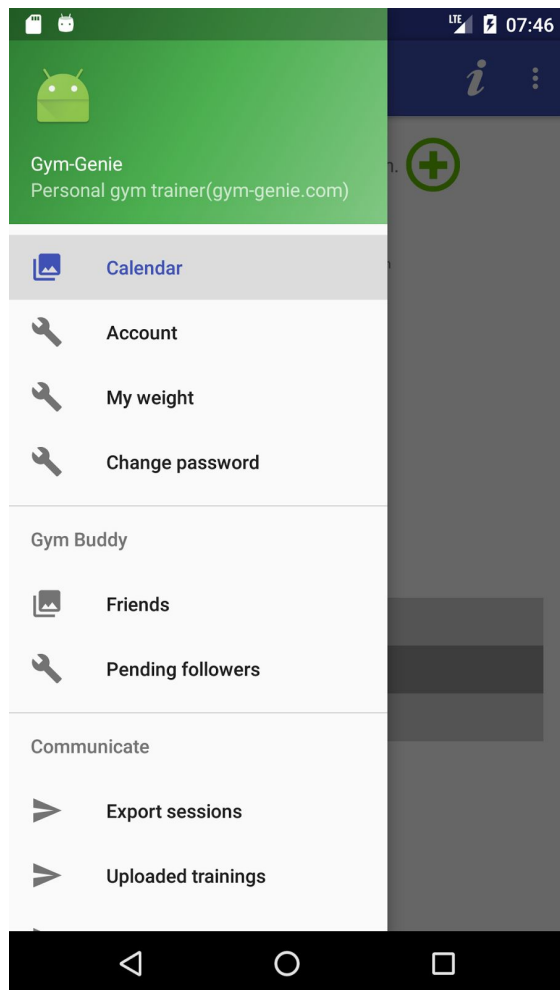
9. Records

A screen showing the records and history of the exercises is available as a navigation across the exercise screen
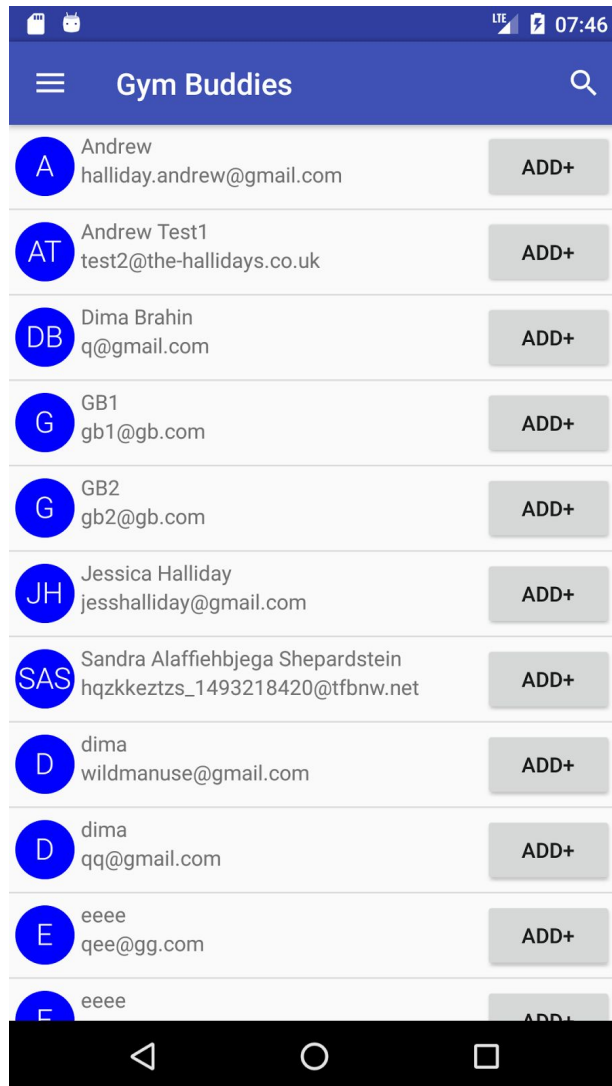
10. Drawer with other options

From the home page there are other options available.
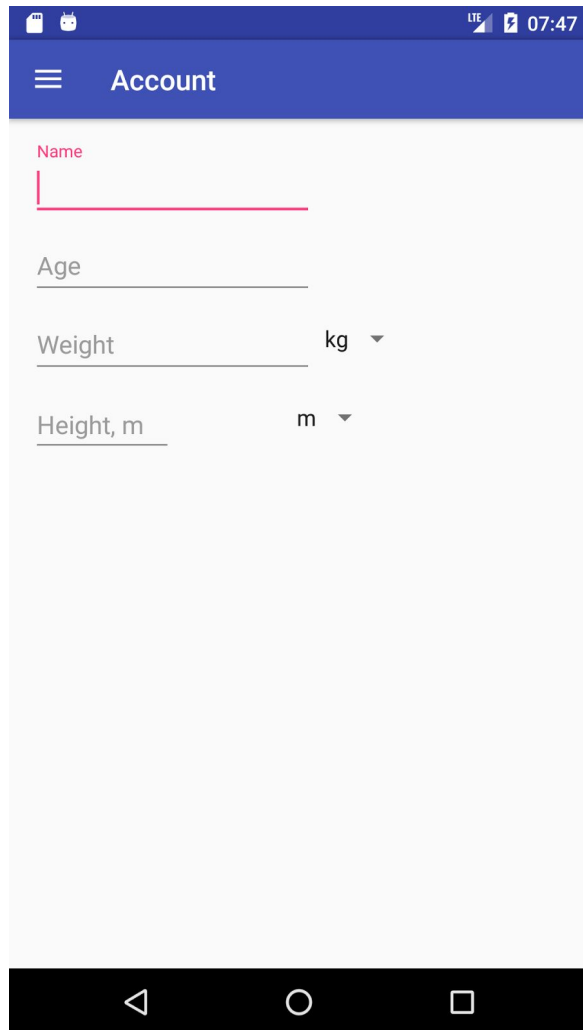
A tray appears with these options

11. Gym Buddies

One of the options is "Gym Buddies" - friends that you want to add. This shows a list.

12. Managing account details

There is a section to edit your own account details.