

**Maharishi Ayurveda  
is a complete system of  
Natural Healthcare**

- Supports resistance to stress\*
- Promotes stamina and energy\*
- Promotes general well-being\*
- Safe, effective, premium-grade, full-potency herbs\*

Product of India - Land of the Veda  
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800-255-8332 · www.mapi.com  
Certified Organic by IMO

Mfd. Under Neutral Code No: UP/A-2935/99/04

**\* These statements have not been evaluated  
by the Food and Drug Administration. This  
product is not intended to diagnose, treat,  
cure or prevent any disease.**



V K

**ORGANIC**

**ASHWAGANDHA**

Vata & Kapha Balancing

**Herbal Supplement**

**60 Tablets**



**USDA  
ORGANIC**

**Supplement Facts**

Serving Size 1 tablet  
Servings per container 60

	Amount Per Serving	% Daily Value
Organic Ashwagandha (root)	475 mg	†

† Daily value not established

Other ingredients, from natural sources: Organic Tapioca starch.

**Suggested Use:** 1-2 tablets twice daily,  
with water after meals.

**Important:** If you are pregnant or nursing, or have a known  
medical condition, consult your physician before taking this  
or any other dietary supplement. Store in a cool and dry  
place, lid tightly closed. Keep out of reach of children.

Batch No:

Best before:

