

## Healthy Male Bonding

It can certainly be difficult for us to develop intimate personal relationships with other men. Our culture of individualism and competition makes it more difficult to interact comfortably. Joking and sarcasm come more easily than engaging conversation, especially when it involves our private feelings.

We really need to be in a comfortable environment to share our spiritual journey and inner thoughts with others. That safe feeling only comes when we learn to trust the men in our group. That trust develops over time spent in service together doing what God has given us to do. We may be cooking pancakes on Shrove Tuesday or burgers for a Pentecost picnic, working on a Habitat House or painting the church. We learn about character and trust by working hand in hand with good men accomplishing good things. Whether feeding the homeless, or cooking for our veterans or Boy Scout troop, bonding with other men comes quite naturally. When we sit together in study and worship, we find a comfortable place to discuss our concerns and feelings.

The Brotherhood of St. Andrew chapter is the perfect setting to foster the trust necessary for your spiritual journey in community of a small group. Meetings may include breakfast, worship, study of scripture and meaningful discussions. Our goal is to be that comfortable place where everyone is able to express their thoughts and feelings. Some chapters focus on digging deeper into the scriptural reading in the lectionary, whereas others may use a suggested book for their discussions.

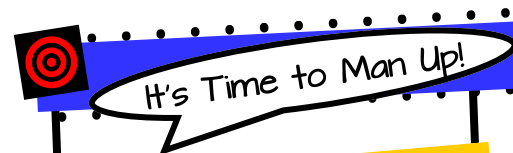
Whatever format the group uses, they endeavor to engage men in comfortable and productive manner.



### The Brotherhood of St Andrew



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Dear Clergy,  
Embrace  
men's ministries  
with the  
Brotherhood of  
Saint Andrew

It's A No-brainer  
▶ "Come and See!"

[www.brothersandrew.net](http://www.brothersandrew.net)

## ▶ Every Parish Should Have A Brotherhood Chapter

A group of men bonding together for worship, study and service is an important asset to any congregation.



As a leader of your church, you can encourage your men's group to use the model that has had a proven track record in the Episcopal church for nearly 150 years.

Our Disciplines  
are Prayer, Study  
and Service

It began with a simple fisherman who was compelled to abandon the only life he knew to follow an itinerant preacher, but only after convincing his brother to "Come and see". They were soon joined by ten other dedicated men to form a brotherhood of disciples.

This, my friend, is the heritage upon which The Brotherhood St Andrew was formed.

### The Discipline of Prayer

is to pray daily for the spread of Christ's Kingdom among men and youth, and for God's blessing upon the labors of the Brotherhood.

### The Discipline of Study

is to study the Holy Scriptures regularly and the teachings of the Church, to attain a better understanding of how to follow Christ and bring others into His Kingdom.

### The Discipline of Service

is to make continuous efforts, week by week, to bring others nearer to Christ through His Church.



Men Meeting Together  
for Worship, Study and  
Service

### Our 21st Century Challenge

As society evolves, the "I'll do it my way" mentality has caused individuals to shy away from traditional institutions and groups.

Clergy must take the leadership role of inspiring church members in the benefits of groups and their activities.

Support your men's group and encourage them to become part of the Brotherhood of Saint Andrew.

If you don't have a group or chapter, choose a leader or several productive church members, and work with them to build a productive and supportive chapter. Each man and the whole church will certainly benefit from their contributions.

We stand ready to help get you moving in this direction.

Contact us!



Contact Us Now

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