

# **MILITARY VETERAN PEER**

## **FAMILY PROGRAM**

**1-844-645-6261**

### **Military & Veteran Peer Family Program**

The Military Mom2Mom program will be modified in year 2 as the Military and Veteran Peer Family Program (MVP Family Program) to address the needs presented during the grant year. Military and Veteran Peer Family Program will provide real-time, peer based support for Military families including those with family members overseas, those that are themselves veterans as well as military families with special needs children.

Military and Veteran Peer Family Program will address:

- Telephonic Reciprocal Peer Support for all Military families
- Focus and Support Groups to decrease the mental health burden experienced by these family members
- Integrate MVP Family Program into existing community military and veterans organizations to increase exposure and create partnerships
- Continued training for peer providers utilizing national best practice core competencies
- Data collection analysis and research to adapt resources and program to meet grant needs
- Marketing and outreach through events, presentations, collaborative initiatives and social media to create/extend awareness of the MVP Family Program
- Warm Transfers to statewide existing resources to facilitate advocacy and assistance from experts in the field.
- Partnerships with the various branches of the New Jersey National Guard, the US Reserves, and Veterans organizations

Projected call volume for the Military and Veteran Peer Family Program will be 100 calls/contacts per month which will include monthly support group meetings and monthly outreach appointments as well.

A survey sanctioned by SAMSHA will be implemented to evaluate the effectiveness of the helpline.